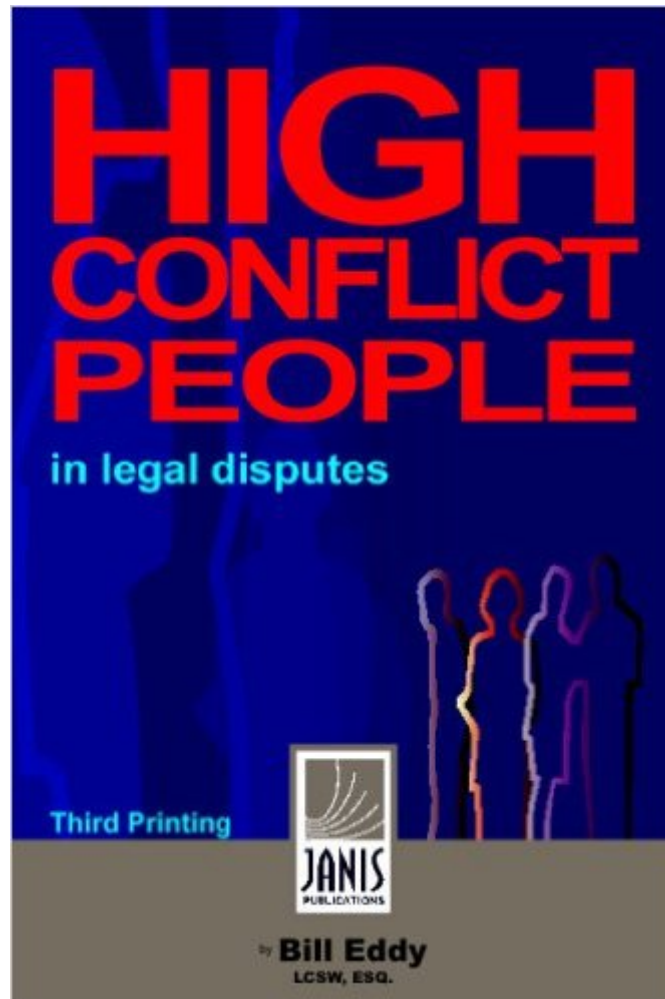# High Conflict People In Legal Disputes: Third Printing

Synopsis

Using over two dozen compelling case examples, Bill Eddy explains the dynamics and strange logic of four types of Personality Disorders that appear in legal disputes. With thirty years of dispute resolution experience in three professions, Bill provides practical advice that anyone can use to manage high conflict people - and to resolve their emotionally draining and costly disputes.

Book Information

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Customer Reviews

I believe the most compelling case for my position of "this book is AWESOME" will be made by reprinting the table of contents + chapter one's closing summary. For me, this book is keeper. I plan to reprint & carry around the chapter 1 summary in my purse for a while to really sink in the material. I believe that will help reduce my reactivity to the insulting, counter-productive, crazy-making input I receive. Later I'll do likewise with material from later chapters.------------------------------------Table of Contents: Part I: Understanding High Conflict Personalities. 1) The Problem: Personalities Drive Conflict, 2) The Pattern: An Enduring Pattern of Blame, 3) Borderline Personalities: Love You, Hate You, 4) Narcissistic Personalities: I'm Very Superior, 5) Antisocial Personalities: Con Artists, 6) Histrionic Personalities: Always Dramatic, 7) The Enablers: Family, Friends & Professionals. Part II: Managing & Resolving Their Disputes. 8) Bonding: Providing Security & Limits, 9)Structure: Containing Emotions & Focusing On Tasks, 10) Reality Testing: Cognitive Distortions & Legal Standards, 11) Consequences: Motivating Reflection & Behavior Change, 12) A United Approach: The Key to Resolving High-Conflict Disputes-------------------------------------Avoid triggering fears of abandonment (Histrionic), inferiority (Narcissistic), domination (Antisocial), or neglect (Histrionic).-------------------------------------Chapter 1 Summary (pg. 26)The problem: personalities drive

conflict.HCP Enduring Pattern of Behavior:1. chronic feelings of internal distress2. thinks the cause is external3. behaves inappropriately to relieve distress4. distress continues unrelieved5.

If you are stuck in a relationship with a very difficult person and trying to get out, you will find that there are a number of resources available to you that are of highly limited usefulness. For instance, you might find books that primarily teach you how to take care of yourself within your troubled relationship (e.g., "Walking on Eggshells" and "Help, I'm in Love with a Narcissist."). Or, you might find books that help you decide whether or not to stay in a difficult relationship (e.g. "Too Good to Leave, Too Bad to Stay."). These books offer plenty of important insights, but they offer very little of what you really need-an escape route!Once you have decided to leave, you might find books on divorce and domestic violence. Again, these books will be helpful up to a point, but they usually don't deal with individual differences. In other words, there are various types of difficult individuals. If you can identify the type you are dealing with, you will be in a better position to respond appropriately, in ways that are in your best interests.This book on High Conflict Personalities is much more consistent with your needs. The book outlines the basics of four "Cluster B" personality disorders (Borderline, Narcissistic, Antisocial, Histrionic). It outlines all sorts of case histories/horror stories, and then offers insightful problem-solving strategies. Because this book is unlike other books available and because of the high quality of the advice provided, this book is a "must read." An especially helpful aspect of this book is its calm emphasis on facts, research, and realistic expectations. The author knows his topic inside and out. He has many years of experience resolving disputes with personality-disordered individuals.

Over the last 30+ years the development of Alternative Dispute Resolution methods has provided means for reasonable people to resolve their legal matters relatively quickly and without trial. An unforseen byproduct provides us a fascinating insight into what drives conflict.It turns out that when the people who do resolve their disputes are taken out of the legal system relatively quickly, many of the people left are easily quantifiable: they are people with a High Conflict Personality (HCP). These are the people who drive excessive conflict, ethical complaints and even violence. Recognizing and understanding at least the general nature of the personality issues involved leads to practical solutions.This is the premise of William Eddy's book High Conflict People in Legal Disputes, Janis Publications, Inc. 2006. Unlike other researchers who are all coming up with the same conclusion, Eddy offers an in depth and easy understanding of the problem, and more importantly, he is the only author to date to offer comprehensive and practical solutions for dealing with High Conflict People.

His book is a lighthouseto what may be the most significant new issue for the legal profession: recognizing people with High Conflict Personalities, and finding solutions to limit the conflict they want to drive.The 4 personality characteristics/disorders of the DSM IV Cluster B, is at the center of problem: narcissists, borderlines, anti-socials and histrionics. What distinguishes people in this group as HCP's, the touchstone perhaps, is a persistent pattern of avoiding responsibility and placing blame on others, driven by their fears and unhealthy perceptions of reality.

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